

Clothing

A part of the ethos of Forest School is “There is no such thing as bad weather, just bad clothing”. The idea is that if sufficient, comfortable and appropriate clothing is provided, all children can enjoy the forest school experience in all weathers. The only exception to this is high winds and lightning, where it is not wise to be under the trees if there is a risk of falling trees or branches.

It is recommended that all children bring the following kit to change into before each Forest School session:

What to wear in Spring:

- Waterproofs are provided by School
- One pair of comfortable trousers (jogging bottoms or leggings)
- One long sleeved t-shirt or top
- One thick jumper
- One fleecy zip up jacket
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!)

What to wear in summer:

- Waterproofs are provided by School
- One pair of comfortable trousers (jogging bottoms or leggings)
- One t-shirt, light long sleeved t-shirt
- One fleecy zip up jacket
- One pair of socks
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!)
- A sun hat for sunny days

What to wear in Autumn:

- Waterproofs are provided by School
- One pair of comfortable trousers (jogging bottoms or leggings)
- One long sleeved t-shirt or top
- One thick jumper
- One fleecy zip up jacket
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!)

What to wear in winter:

- Waterproofs provided are provided by School
- Base layer - thermals
- Next bottom layer - fleece or other warm tracksuit bottoms
- First top layer - long sleeve t-shirt or thin jumper
- Second top layer - fleece jumper
- Third top layer - fleece jacket
- Neck scarf
- Hat and gloves
- Two pairs to wear (on the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock)
- Extra Jumpers for really cold days
- Snow boots or sturdy warm outdoor boots

Any clothing you provide for your child must be named.

Children will change back into their school uniform after each Forest School session.