

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese	Roast (as advertised) with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	Vegetarian	Wholemeal Pasta Neapolitan with Spinach	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Vegetable and Apricot Tagine with Lemon and Mint Couscous and Wholemeal Flatbread	Cheese, Onion and Spinach Quiche with Chips
	Dessert	Carrots Garden Peas Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Sweetcorn Broccoli Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Fresh Mixed Seasonal Vegetables Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Mixed Peppers & Green Beans Apple Pie with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Iced Sponge Yoghurt Fresh Fruit Salad
Week 2	Main	Chicken Arrabiata Pasta	Beef and Bean Fajitas with Baked Jacket Wedges	Roast (as advertised) with Roast Potatoes & Gravy	Jollof Rice with Chicken	Breaded Fish Chips, Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	Vegetarian	Jollof Rice with Quorn and Mixed Beans Roasted Peppers & Sweetcorn Mix	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread Mixed Green Salad Coleslaw	Lentil and Basil Puff Pastry Turnover with Roast Potatoes Fresh Mixed Seasonal Vegetables	Macaroni Cheese with Tomato topping Broccoli Sweet corn	Spicy Bean Burger with Chips Baked Beans Garden Peas
	Dessert	Berry and Apple Cobbler & Cream Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Oaty Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Choc Sauce Yoghurt Fresh Fruit Platter	Fruit Yoghurt Fresh Fruit Salad
Week 3	Main	Cajun Chicken with Rice	Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish in Batter, Chips, Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	Vegetarian	Lentil and Sweet Potato Curry with Rice	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese and Tomato French Bread Pizza with Chips
	Dessert	Mixed Peppers & Green Beans Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Sweetcorn and Roasted Tomatoes Fruit Yoghurt Fresh Fruit Platter	Fresh Mixed Seasonal Vegetables Apple Flapjack Yoghurt Fresh Fruit Salad	Broccoli and Cauliflower Peach Upside Down Cake Yoghurt Fresh Fruit Platter	Garden Peas Baked Beans Vanilla Shortbread Yoghurt Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt