

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Autumn 2017 menu

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 4/9 25/9 16/10 13/11 4/12	Main	Sausages with mashed potatoes and gravy	Shepherd's pie with gravy	Roast pork with roast potatoes and gravy	Chicken tikka with rice	Fish and chips
	Vegetarian	Quorn sausages with mashed potatoes and gravy	Sweet and sour vegetables with noodles	Quorn roast with roast potatoes and gravy	Macaroni cheese with garlic slice	Creamy vegetable pie with mashed potato topping
		Cauliflower Peas	Carrots Green beans	Savoy cabbage Swede	Sweet corn Peppers	Baked beans Garden peas
	Dessert	Wholemeal plum and vanilla crumble with custard	Apple and raisin flapjack	Carrot and courgette cake with custard	Dutch apple pie with custard	Lemon drizzle cake
Week 2 11/9 2/10 30/10 20/11 11/12	Main	Beef burger in a bun with jacket wedges	Chicken Neapolitan wholemeal pasta	Roast turkey with roast potatoes and gravy	Spaghetti beef Bolognese	Fish fingers and chips
	Vegetarian	Vegetable lasagne with jacket wedges	Lentil and basil puff pastry turnover with new potatoes	Mixed vegetable loaf with roast potatoes and gravy	Lentil and sweet potato curry with rice	Cheese and tomato quiche and chips
		Coleslaw Sweetcorn	Broccoli Carrots	Carrots Courgettes	Roasted mixed vegetables	Baked beans Garden peas
	Dessert	Vanilla shortbread	Wholemeal banana loaf	Orange bread and butter pudding with custard	Eves pudding with custard	Chocolate beetroot brownie
Week 3 18/9 9/10 6/11 27/11 18/12	Main	BBQ chicken pizza with jacket wedges	Minced beef and onion pie with mashed potatoes	Roast gammon with roast potatoes and gravy	Beef lasagne	Battered fish and chips
	Vegetarian	Bean vegetable chilli with rice	Cheese and tomato pizza with jacket wedges	Vegetable wellington with roast potatoes and gravy	Red pepper frittata with new potatoes	Vegetable wholemeal pasta bake
		Sweetcorn Mixed peppers	Green beans Glazed carrots	Savoy cabbage Sweetcorn	Broccoli Tomato salad	Baked beans Garden peas
	Dessert	Cheese, apple and biscuits	Rice pudding with mixed berries	Pear sponge with custard	Apple and raisin strudel with custard	Iced sponge

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt